

2023 LTFCA Outdoor Track & Field Girls All-State Composite Team

Event	Name	School	Time/Distance/Height
100 Meter Dash	Amairi Ashford	Patrick Taylor Academy	11.72
100 Meter Dash	Jordan Minor	Dunham	11.80
200 Meter Dash	Amairi Ashford	Patrick Taylor Academy	24.3
200 Meter Dash	Sade Gray	Scotlandville	24.35
400 Meter Dash	Hannah Boullion	St. Louis	55.03
400 Meter Dash	Kennedi Burks	Barbe	55.21
100 Meter Hurdles	Makeriah Harris	Scotlandville	13.49
100 Meter Hurdles	Kenzie Touchet	St. Louis	14.03
300m Intermediate Hurdles	Makeriah Harris	Scotlandville	41.49
300m Intermediate Hurdles	Kenzie Touchet	St. Louis	43.25
4 X 100 Meter Relay	Ja'myia Woodall	Zachary	46.03
4 X 100 Meter Relay	Jaala Thymes	Zachary	46.03
4 X 100 Meter Relay	Talar Johnson	Zachary	46.03
4 X 100 Meter Relay	Sariah Bethley	Zachary	46.03
4 X 100 Meter Relay	Fatima Banks	Scotlandville	46.5
4 X 100 Meter Relay	Sade Gray	Scotlandville	46.5
4 X 100 Meter Relay	Madyson Kent	Scotlandville	46.5
4 X 100 Meter Relay	Sincere Wilson	Scotlandville	46.5
4 x 200 Meter Relay	Sincere Wilson	Scotlandville	1:36.80
4 X 200 Meter Relay	Sade Gray	Scotlandville	1:36.80
4 X 200 Meter Relay	Madyson Kent	Scotlandville	1:36.80
4 X 200 Meter Relay	Makeriah Harris	Scotlandville	1:36.80
4 x 200 Meter Relay	Ja'myia Woodall	Zachary	1:37.57
4 X 200 Meter Relay	Jaala Thymes	Zachary	1:37.57
4 X 200 Meter Relay	Talar Johnson	Zachary	1:37.57
4 X 200 Meter Relay	Sariah Bethley	Zachary	1:37.57
4 X 400 Meter Relay	Halee Jackson	St. Louis	3:51.02
4 X 400 Meter Relay	Kylie Pousson	St. Louis	3:51.02
4 X 400 Meter Relay	Kenzie Touchet	St. Louis	3:51.02
4 X 400 Meter Relay	Hannah Boullion	St. Louis	3:51.02
4 X 400 Meter Relay	Reese Trahan	Barbe	3:52.94
4 X 400 Meter Relay	Megan Colston	Barbe	3:52.94
4 X 400 Meter Relay	Aniyah Lavan	Barbe	3:52.94
4 X 400 Meter Relay	Kennedi Burks	Barbe	3:52.94
4 x 800 Meter Relay	Inessa Robillard	St. Joseph's Academy	9:36.60
4 x 800 Meter Relay	Elise Brown	St. Joseph's Academy	9:36.60
4 x 800 Meter Relay	Hannah Vaughan	St. Joseph's Academy	9:36.60
4 x 800 Meter Relay	Michelle Daigle	St. Joseph's Academy	9:36.60
4 x 800 Meter Relay	Lily Garrett	Ruston	9:42.63
4 x 800 Meter Relay	Parker Nations	Ruston	9:42.63
4 x 800 Meter Relay	Zoie Holstead	Ruston	9:42.63
4 x 800 Meter Relay	Sara Naff	Ruston	9:42.63
800 Meter Run	Rachel Fereday	Dutchtown	2:11.75
800 Meter Run	London Parker	John Curtis	2:17.74
1600 Meter Run	Catalina Reichard	Mount Carmel	5:04.86
1600 Meter Run	Emma Bourg	Houma Christian	5:08.75
3200 Meter Run	Catalina Reichard	Mount Carmel	11:05.96
3200 Meter Run	Grace Renhoff	St. Joseph's Academy	11:09.12
Discus	Jaydan Jackson	Zachary	146' 8.25"
Discus	Ambria Langley	Zachary	134' 10"
High Jump	Ariel Williams	Barbe	5' 7.75"
High Jump	Alana Simone	Episcopal of Baton Rouge	5' 7.25"
Javelin	Trinity Spooner	South Beauregard	156' 6.75"
Javelin	Kaylen Rabalais	Bunkie	150' 0.50"
Long Jump	A'shyria Burns	Holy Savoir Menard	18' 6.75"
Long Jump	Claire Charpentier	Newman	18' 6.50"
Pole Vault	Addison Richey	Teurlings Catholic	12' 5.25"
Pole Vault	Lauren Roberts	Alexandria	11' 11.25"
Shot Put	Jaydan Jackson	Zachary	44' 1.50"
Shot Put	Lyndsey Daresnbourg	St. Joseph's Academy	43' 3.75"
Triple Jump	Kerrington Baham	Covington	37' 4.75"
Triple Jump	A'shyria Burns	Holy Savoir Menard	37' 0.50"