

Louisiana Track & Field Coaches Association
2023 GIRLS ALL-STATE COMPOSITE CROSS COUNTRY TEAM

	Name	School	Time	Division
1	Catalina Reichard	Mt. Carmel Academy	17:28.7	1
2	Lucy Thomas	Baton Rouge Magnet High School	17:52.2	1
3	Ava Hartman	The Newman School	17:58.0	3
4	Grace Rennhoff	St. Joseph's Academy	17:59.1	1
5	Jenna Key	C.E. Byrd High School	18:05.6	1
6	Michelle Daigle	St. Joseph's Academy	18:14.4	1
7	Elise Brown	St. Joseph's Academy	18:20.9	1
8	Natalie Venkataraman	Baton Rouge Magnet High School	18:27.1	1
9	Neva Lambert	Episcopal School of Baton Rouge	18:27.5	3
10	Sara Godley	Ascension Episcopal School	18:34.9	4
11	Camryn Haik	St. Thomas More High School	18:38.9	2
12	Jaci Gary	Southside High School	18:39.4	1
13	Angelle Dupuis	Teurlings Catholic High School	18:40.0	2
14	Parker Nations	Ruston High School	18:43.5	1
15	Ada Mere	Episcopal School of Baton Rouge	18:46.1	3
16	Kaitlyn Sawyer	Hathaway High School	18:47.6	4
17	Gabriella Delgado	Houma Christian School	18:47.7	4
18	Stella Junius	Mt. Carmel Academy	18:53.5	1
19	Lucy Quintana	Mt. Carmel Academy	18:53.9	1
20	Ellie Bond	St. Thomas More High School	18:55.4	2
21	Anna Frierson	C.E. Byrd High School	18:56.4	1
22	Ella Willoughby	St. Amant High School	18:58.7	1
23	Morgan Trauth	St. Mary's Dominican High School	19:04.0	1
24	Grace Schneider	St. Mary's Dominican High School	19:04.4	1
25	Lina Mills-Zacapa	Leesville High School	19:04.8	2